

**CENTER FOR COMPREHENSIVE IMPLANT SPECIALTY AND AESTHETIC
DENTISTRY**

POST-OPERATIVE INSTRUCTIONS FOR EXTRACTIONS

Please read over these instructions. If you have any questions, please contact our office at (718) 956-7800. We will be glad to answer any questions that you may have.

- 1) Take medications as instructed.
- 2) Place ice packs on side of face where surgery occurred. Keep ice pack ON for 15 minutes, then OFF for 15 minutes. Apply the ice packs in this manner for the first 24 hours (except for sleep time).
- 3) Do not drink with a straw, spit or blow your nose forcefully. No rinsing for 24 hours, no brushing in the area of surgery.
- 4) After your surgery, do NOT eat hot foods or drink hot liquids for the rest of the day.
- 5) If you continue to bleed after you get home, hold a piece of gauze or a moist tea bag on the area of your extraction for 40 minutes.
- 6) **IN CASE OF EMERGENCY, OR IF YOU HAVE ANY QUESTIONS THAT YOU NEED ANSWERED, PLEASE CALL OUR OFFICE AT (718) 956-7800**